



EXHALE Bible Discovery ~ CHRISTMAS BONUS LESSON 3

Day 1: Luke 1:46-48

1. Read through Mary's song (46-56) and share your initial thoughts:

2. What does Mary's soul and spirit do? (46-47)

3. How does Mary define herself in verse 48?

Day 2: Luke 1:49-50

4. How have all generations call her blessed?

5. How is God described by Mary in verse 49?

6. What do we learn about God's mercy in verse 50?

Day 3: Luke 1:51-52

7. Try and explain what verse 51 means?

8. What are some examples in scripture of the humble who have been lifted up?

Day 4: Luke 1:53-56

9. Read Isaiah 7:14 and share your thoughts:

10. What do you think about “but has sent the rich away empty”:

11. Why do you think Israel is referred to as a servant in verse 54?

12. What is Mary referring to in verse 55 about the promise to Abraham’s ancestors? Go to Genesis 12:1-3 for help.

Day 5: Reflection, Thoughts, & Digging Deeper

13. Read 1 Samuel 2:1-10 and write out any similarities between Mary & Hannah’s song/prayers:

14. As you reflect on Mary’s song/prayer, what is the significance of her words for us today?